

## World Masters Games 2021 KANSAI Summary list for each competition

Sport		Pref	City/Town	Competition Capacity (Number of teams)	Competition Dates	Venues	Events	Participation of disabled people	Categories
1 Archery	Outdoor	Tottori Prefecture	Tottori City	200	5/15 - 5/18	Coca-Cola Bottlers Japan Sports Park	Recurve (RC)/Compound (CP)	Para-Sport	Age : [Men, Women] 30+, 40+, 50+, 60+, 70+
	Indoor	Tottori Prefecture	Tottori City	200	5/15 - 5/18	Prefectural Gymnasium, Coca-Cola Bottlers Japan Sports Park	Recurve (RC)/Compound (CP)	Para-Sport	Age: [Men, Women] 30+, 40+, 50+, 60+, 70+
2 Athletics	Track & Field	Kyoto Prefecture	Kyoto City	3,000	5/21 - 5/27	Nishikyogoku Athletic Park/Sub Field	100m/200m/400m/800m/1500m/5000m/10000m/80mH/100mH/110mH (Only Men) /200mH/300mH/400mH/2000mSC/3000mSC (Only Men) /4x100mR/4x400mR/High Jump/Pole Vault/Long Jump/Triple Jump/Discus/Hammer/Javelin/Shot Put	Para-Sport	Age : [Men, Women] 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+, 85+,
	10km Road Race	Shiga Prefecture	Hikone City	900	5/23	World Masters Games 10km Special Course	—	Inclusive Event	Age : [Men, Women] 30+, 40+, 50+, 60+, 70+
	Half Marathon	Wakayama Prefecture	Kamitonda Town	10,000	5/29 - 5/30	Kishu Kuchikumano Half Marathon Course	—	Inclusive Event	Age : [Men, Women] 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+, 85+, 90+, 95+, 100+
	EKIDEN	Wakayama Prefecture	Tanabe City	105 Teams	5/23	Tanabe Sports Park	—	—	<ul style="list-style-type: none"> <li>- Men [Orders of runners and Age(6 sections in total)] 35+, 55+, 50+, 45+, 40+, 30+</li> <li>- Women [Orders of runners and Age(5 sections in total)] 35+, 50+, 45+, 40+, 30+</li> <li>- Mixed [Orders of runners and Age(6 sections in total)] (W) 50+, (M) 60+, (M) 50+, (W) 50+, (M) 30+, (W) 30+</li> </ul>
Race Walking	Hyogo Prefecture	Kobe City	150~200	5/23	Rokko Island Konan University Loop Course	5km/10km	—	Age : [Men, Women] 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+	
3 Badminton	Badminton	Kyoto Prefecture	Kyoto City	1,900	5/16- 5/23	Hannaryz Arena/ Kyoto Citizen Sports Hall/ Shimazu Arena Kyoto	Team match Doubles[Men, Women, Mixed] Individual match Singles (Men・Women)、Doubles (Men・Women)、 Mixed Doubles	—	<ul style="list-style-type: none"> <li>- [Team match] Age : 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+</li> <li>- [Individual match] Age : 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+</li> <li>(The team age is determined by the age of the youngest athlete.)</li> <li>- Grade : A (Premier) 、 B (Competitive)、 C (Recreational)</li> </ul>
4 Baseball	Baseball	Hyogo Prefecture	Kobe City/ Miki City	96 Teams	5/15 - 5/23 5/26 - 5/28	Hotto Motto Field Kobe/ G7 Stadium Kobe/ Ajisai Stadium Kita-Kobe/ Miki Disaster Prevention Park	—	—	<ul style="list-style-type: none"> <li>- Grade A : For players who have competed at an international or a national team level</li> <li>- Grade B : For players who have competed at a regional or a local team level</li> <li>- Age : 30+A、30+B、45+A、45+B</li> <li>(All teams will compete regardless of gender)</li> <li>(The team age is determined by the age of the youngest athlete.)</li> </ul>
	Rubber Baseball	Shiga Prefecture	Moriyama City/ Higashiomi City	66 Teams	5/15 - 5/21	Moriyama Municipal Sports Park Baseball Field/ Koto Stadium (Higashiomi City)/ Okunono Sports Park (Higashiomi City)/ Nagayama Park (Higashiomi City)	—	—	<ul style="list-style-type: none"> <li>- Grade A : (Premier) [Men] Age : 30+</li> <li>- Grade B : (Competitive) [Mixed] Age : 30+, 45+</li> <li>- Grade C : (Recreational) [Mixed] 30+</li> <li>(The team age is determined by the age of the youngest athlete.)</li> </ul>
5 Basketball	Basketball	Hyogo Prefecture	Kobe City	144 Teams	5/23 - 5/28	Green Arena Kobe/ Kobe Central Gymnasium/ Kobe Oji Sports Center	—	Para-Sport (Wheelchair basketball)	<ul style="list-style-type: none"> <li>- Grade A : Competitive (This grade is for teams consisting of players who compete at national level or regional level or club teams.)</li> <li>- Grade B : Recreational (This grade is for teams consisting of players who participate in non-competitive and/or for social and casual players. )</li> <li>- PS : Para-Sport (This Grade is for teams consisting of wheelchair players who compete at regional level or club teams)</li> <li>[Men] Age : 30+ A, B, PS、 50+ A, B, PS</li> <li>[Women] Age : 30+ A, B, PS、 50+ A, B, PS</li> <li>(The team age is determined by the age of the youngest athlete.)</li> </ul>

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6 Canoe	Marathon	Kyoto Prefecture	Kyotango City	1,160	5/16 - 5/19	Kumihama Bay Canoe Stadium	K-1/C-1/SUP/K-2/C-2/Relay/Dragon Boat (Original)	Para-Sport	<ul style="list-style-type: none"> <li>[K-1, K-2, C-1, C-2] [Men, Women, Mixed]</li> <li>Age : 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+</li> <li>[SUP] [Men, Women]</li> <li>Age : 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+</li> <li>[Relay] [Mixed] [A team consists of 2 men and 2 women]</li> <li>Age : A Team consists of 2 men and 2 women.</li> <li>Dragon Boat [Men, Women, Mixed]</li> <li>Age : 30+, 40+, 50+, 60+, 70+</li> </ul>
	Sprint	Nara Prefecture	Yoshino Town	1,200	5/21 - 5/24	Tsuburo Lake Canoe Stadium	K-1/K-2/K-4/C-1/C-2/C-4/KL/VL	Para-Sport	<ul style="list-style-type: none"> <li>[K-1] [Men, Women]</li> <li>Age : 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+</li> <li>[K-2] [Men, Women, Mixed]</li> <li>Age : 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+</li> <li>[C-1]</li> <li>[Men] Age : 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+</li> <li>[Women] Age : Open</li> <li>[C-2]</li> <li>[Men] Age : 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+</li> <li>[Women, Mixed] Age : Open</li> <li>[K-4, C-4] [Men, Women, Mixed] Age : Open</li> <li>[KL] [Men, Women] KL1, KL2, KL3</li> <li>[VL] [Men, Women] VL1, VL2, VL3</li> <li>(The team age is determined by the age of the youngest athlete.)</li> </ul>
	Slalom	Tokushima Prefecture	Naka Town	300	5/29 - 5/30	Naka River Wajiki Line	K-1/C-1/C-2	—	<ul style="list-style-type: none"> <li>[K-1, C-1] [Men, Women]</li> <li>Age : 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+</li> <li>[C-2] [Men, Women, Mixed]</li> <li>Age : 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+</li> </ul>
	Polo	Hyogo Prefecture	Shiso City	35 Teams	5/21 - 5/23	Onzui Lake Canoe Course	—	—	<ul style="list-style-type: none"> <li>Age :</li> <li>[Men, Mixed] 30+, 45+</li> <li>[Women] 30+</li> </ul>
	Dragon Boat	Shiga Prefecture	Otsu City	10-Seater 80 Teams 20-Seater 65 Teams	5/29 - 5/30	Biwako Motor Racing Course	Small (10)/Standard (20)	Inclusive Event	<ul style="list-style-type: none"> <li>Age : [Open, Mixed, Women] 30+, 40+, 50+</li> <li>(The team age is determined by the age of the youngest athlete.)</li> </ul>
7 Cycling	Track	Tottori Prefecture	Kurayoshi City	550	5/19 - 5/22	Kurayoshi Cycling Track	Time Trial (TT) /Sprint (SP)/Individual Pursuit (IP)/Scratch (SC)/Team Sprint (TS)	Para-Sport	<ul style="list-style-type: none"> <li>Age : [Men, Women]</li> <li>30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+</li> </ul>
	Road Race	Tottori Prefecture	Kurayoshi City	1,100	5/23	Kurayoshi Hokuei Roadrace Course	—	Para-Sport	<ul style="list-style-type: none"> <li>Age : [Men, Women]</li> <li>30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+</li> </ul>
	Mountain Bike	Kyoto Prefecture	Wazuka Town	1,200	5/15 - 5/17	Yubune MTB Land	Team Race (TXC) /Cross Country - Olympic (XCO) /Cross Country - Marathon (XCM)	Inclusive Event	<ul style="list-style-type: none"> <li>Team Race (TXC) [Men, Women, Mixed] NO age category</li> <li>Cross Country - Olympic (XCO) [Men, Women]</li> <li>Age : 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+</li> <li>Cross Country - Marathon (XCM) [Men, Women]</li> <li>No age category</li> </ul>
	BMX	Osaka Prefecture	Kishiwada City	100	5/22 - 5/23	Cyclepia Kishiwada BMX Course	Standard (20-inch) /Cruiser (24-inch)	Inclusive Event	TBD
8 Dance Sports	Dance Sports	Wakayama Prefecture	Wakayama City	500 Pairs	5/29 - 5/30	Wakayama Big Wave	Latin/Standard	—	<ul style="list-style-type: none"> <li>Grade A (Premier)</li> <li>[Male] 30+, 55+, 65+, 75+</li> <li>[Female] 30+ (No age category over 30 years old)</li> <li>Grade B (Competitive)</li> <li>[Couple pair, Women's pair]</li> <li>Age : 30+, 55+, 65+, 75+</li> <li>[Female]: 30+ (No age category over 30 years old)</li> </ul>
9 Football	Football	Osaka Prefecture	Sakai City	240 Teams	5/17 - 5/21 5/24 - 5/28	J-GREEN SAKAI	—	Inclusive Event	<ul style="list-style-type: none"> <li>Age : [Men, Women] 30+, 35+, 40+, 45+, 50+, 55+, 60+</li> <li>(The team age is determined by the age of the youngest athlete.)</li> </ul>
	Futsal	Osaka Prefecture	Sakai City	320 Teams	5/19 - 5/26	J-GREEN SAKAI	—	Inclusive Event	<ul style="list-style-type: none"> <li>Age : [Men, Women, Mixed] 30+, 35+, 40+, 45+, 50+, 55+, 60+</li> <li>(The team age is determined by the age of the youngest athlete.)</li> </ul>
10 Flying Disc	Ultimate	Kyoto Prefecture	Uji City	1,440	5/15 - 5/17 5/2 - 5/23	Kyoto Prefectural Yamashiro Sports Park	—	—	<ul style="list-style-type: none"> <li>Master Mixed : [Men, Women] Age : 30+</li> <li>Grand Master Mixed : [Men, Women] Age : 40+</li> </ul>
11 Gateball	Gateball	Kyoto Prefecture	Kyotanba City	120 Teams	5/15 - 5/16	Kyoto Tamba Park	—	—	Age : 30+

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12	Golf	Tokushima Prefecture	Tokushima City/ Naruto City/ Awa City/ Kamiyama Town	900	5/24 - 26 5/28	Tokushima Country Club/ Grandee Naruto Golf Club 36 (East course) / Naruto Country Club/ J Classic Golf Club/ Takagawa Higashi-Tokushima Golf Club	—	—	<ul style="list-style-type: none"> <li>• [Men] Age : 30+, 45+, 55+, 65+, 75+</li> <li>• [Women] Age : 30+, 40+, 50+, 60+, 70+</li> </ul>
13	Ground Golf	Tottori Prefecture	Yurihama Town	672	5/28 - 5/29	The Home of Ground Golf "Shiokaze no Oka Tomari"	—	Inclusive Event	Age : [Men, Women] 30-39, 40-49, 50-59, 60-64, 65-69, 70-74, 75-79, 80+
14	Handball	Kyoto Prefecture	Kyotanabe City/ Uji City	76 Teams	5/16 - 5/22	Tanabe Central Gymnasium/ Kyoto Prefectural Yamashiro General Athletic Park Gymnasium	—	—	<ul style="list-style-type: none"> <li>• (Competitive) [Men, Women] Age:30-44, 45+</li> <li>• (Recreational) [Men, Women] Age:40-49, 50-59, 60+</li> </ul> (The team age is determined by the age of the youngest athlete.)
15	Hockey	Shiga Prefecture	Nagahama City/ Maibara City	50 Teams	5/16 - 5/20	Ibuki Sports Ground/ Maibara City 1st Ground/Nagahama Institute of Bio-Science and Technology Dome	—	—	<ul style="list-style-type: none"> <li>• Grade A : Premier [Men, Women] Age : 35+, 45+, 55+, 60+</li> <li>• Grade B : Recreational [Men, Women] Age : 35+, 45+, 55+</li> </ul> (The team age is determined by the age of the youngest athlete.)
16	Judo	Tottori Prefecture	Yonago City	500	5/21 - 5/23	Tottori Prefectural Budokan	KATA/Team/Individual	Para-Sport [Visually impaired]	<ul style="list-style-type: none"> <li>• Age : [Men, Women] 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+</li> <li>• weight categories : [Men]-60Kg, -66Kg, -73Kg, -81Kg, -90Kg, -100Kg, +100Kg [Women]-48Kg, -52Kg, -57Kg, -63Kg, -70Kg, -78Kg, +78Kg</li> <li>• Para-Sport[Visually impaired] Age: [Men] 30-39, 40-49, 50+ [Women] 30-39, 40+</li> <li>• [weight categories] [Men]-60Kg, -66Kg, -73Kg, -81Kg, -90Kg, -100Kg, +100Kg [Women]-48Kg, -52Kg, -57Kg, -63Kg, -70Kg, +70Kg</li> </ul>
17	Karate	Kyoto Prefecture	Kyoto City	500	5/21 - 5/23	Kyoto City Budo Center	KATA/KUMITE	—	Age : [Men] Age:40-49, 50-59, 60-69 70+ [Women] Age:35-44, 45-54, 55+
18	Lifesaving	Fukui Prefecture	Takahama Town	500	5/22 - 5/23	Wakasawada Beach	Beach Flags/RunSwimRun/ Surf Ski Race/Oceanman • woman/Surf Race/ Board Race/Beach Sprint/2km Beach Run Surf Teams Race/Surf Ski Relay/ Board Relay/Oceanman • woman Relay/ 2km Beach Run/1km Beach Run	—	Age : [Men, Women] <ul style="list-style-type: none"> <li>• [Beach Flags/RunSwimRun/ Surf Ski Race/Oceanman • woman/Surf Race/ Board Race/Beach Sprint/2km Beach Run] Age:25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60- 64, 65-69, 70-74, 75+</li> <li>• [Beach Relay] Age:100-119, 120-139, 140-169, 170-199, 200-229, 230+</li> <li>• [Surf Teams Race/Surf Ski Relay/Board Relay/ Oceanman • woman Relay/1km Beach Run] Age:75-99, 100-119, 120-139, 140-159, 160-179, 180-199, 200+</li> </ul>
19	Sprint	Hyogo Prefecture	Kobe City	2,000	5/21 - 5/23	University of Hyogo/ Others:TBD	—	—	Age : [Men, Women]35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+, 85+, 90+
	Forest	Hyogo Prefecture	Yabu City/ Kamikawa Town/ Kami Town	2,000	5/25 - 5/29	Hachikita Highland/ Hachi Highland/Uwano Highland/ Sugigasawa Highland/Mineyama Highland/ Higashi Hachi-buse Highland	Middle Distance/Long Distance	—	(Over 90 categories will be set with a 5 year spread, if it is necessary. )
20	Rowing	Shiga Prefecture	Otsu City	2,610	5/23 - 5/27	Biwako Rowing Center	Single Sculls (1×)/Double Sculls (2 ×)/Coxless Pairs (2-)/Quadruple Sculls (4 ×)/Coxless Four (4-) Coxed Four (4+)/Eight (8+) [Para-Sport] Single Sculls:PR1, PR2, PR3 Double Sculls:PR2, PR3	Para-Sport	Age : [Men, Women]27+, 36+, 43+, 50+, 55+, 60+, 65+, 70+, 75+, 80+, 85+
21	Rugby	Osaka Prefecture	Higashiosaka City	47 Teams	5/15 - 5/16 5/22 - 5/23	Higashiosaka City Hanazono Rugby Stadium	—	Inclusive Event	Age : [Men]30+, 40+, 50+, 60+ [Women]27+
22	Sailing	Wakayama Prefecture	Wakayama City	300	5/20 - 5/23 5/27 - 5/30	Wakayama Sailing Center	Laser/Laser Radial/Tasar/Hansa 303	Inclusive Event (Hansa 303)	Age: <ul style="list-style-type: none"> <li>• [Laser, Laser Radial, Hansa 303(single)] [Men, Women]30-44, 45-54, 55-64, 65-74, 75+</li> <li>• [Tasar, Hansa 303(two athletes)] (The total ages of two athletes)</li> <li>[Mixed]60-89, 90-109, 110-129, 130-149, 150+</li> </ul>
	Windsurfing	Wakayama Prefecture	Wakayama City	100	5/20 - 5/23	Wakayama Sailing Center	Windsurfer LT/Techno293Plus/Glide	—	Age : [Men, Women] <ul style="list-style-type: none"> <li>• [Windsurfer LT]30-44, 45-54, 55-64, 65-74, 75+</li> <li>• [Techno293Plus, Glide]30-44, 45-54, 55+</li> </ul>

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23 Shooting	Clay	Okayama Prefecture	Okayama City	372	5/18 - 5/19 5/22 - 5/23 5/25 - 5/27	Okayama Clay Target Shooting Range	Trap/Skeet/Para Trap	Para-Sport	Age : - [Trap, Skeet] [Men, Women] 30+, 50+ - [Para Trap] [Mixed] 30+	
	Rifle	Wakayama Prefecture	Kainan City	626	5/20 - 5/23	Wakayama Rifle Shooting Range	[Men] 50m3×40M, 50mP60M, 10mS60M, (10m P60M) , 10mAP60M [Women] 50m3×20W, 50mP60W, 10mS60W, (10m P60W), 10mAP60W ※10mP60M. :Para-Sport	Para-Sport	Age : [Men, Women] 30-49, 50-59, 60-69, 70-79, 80+	
24 Softball	Softball	Shiga Prefecture	Kusatsu City/ Moriyama City/ Higashiomori City	160 Teams	5/22 - 5/24 5/27 - 5/29	Moriyama Municipal Sports Park/ Nunobiki Green Stadium/ Nagayama Park/ Yabase Kihan Island Park/ Kusatsu Green Stadium	—	—	Age : - Grade A (Competitive) [Women] (Leather ball) 30+, (Rubber ball) 30+ - Grade B (Recreational) [Men] 30+, 45+ [Men] 30+, 45+, 55+ (The age of the youngest athlete registered as a team member determines in which age category the team will compete.)	
25 Soft tennis	Soft tennis	Kyoto Prefecture	Fukuchiyama City	1616 Pairs	5/16 - 5/23	Sandanike Park Tennis Court	Doubles	—	Age : - [Competitive] [Men, Women] 30+, 40+, 50+, 60+, 70+, 80+ (the age of the youngest player in the doubles pair will determine the teams age category.) - [Recreational] [Men, Women, Mixed] 60+, 80+, 100+, 120+, 140+ (the total ages of the athletes determines the team age category.)	
26 Squash	Squash	Kyoto Prefecture	Kyoto City	540	5/20 - 5/29	L - Sports Kyoto/ Kyoto Terrsa	—	Inclusive Event	Age : [Men, Women] 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+	
27 Swimming	Swimming	Hyogo Prefecture	Kobe City	2,500	5/21 - 5/25	Kobe Port island Sports Center	Freestyle [50m, 100m, 200m, 400m]/ Backstroke [50m, 100m, 200m]/ Breaststroke [50m, 100m, 200m]/ Butterfly [50m, 100m, 200m]/ Individual Medley [200m]/ Freestyle [4×50m]/ Medley [4×50m]	Para-Sport	- Age : 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100-104 - [Relay Events] Age : 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399 (The total age of the four athletes determines the age category in which the relay team will compete.) ※Individual events (Freestyle, Backstroke, Breaststroke, Butterfly, Individual Medley) include para-sport categories.	
	Diving	Hyogo Prefecture	Kobe City	100	5/21 - 5/23	Kobe Port island Sports Center	1m springboard /3m springboard/Platform (5m, 7.5m, 10m)/Synchronised diving (3m springboard)	—	—	Age : [Men, Women, Mixed] 30+, 40+, 50+, 60+, 70+, 80+ ※Mixed category is only for Synchronised diving
	Water Polo	Hyogo Prefecture	Amagasaki City	18 Teams	5/24 - 5/26	Amagasaki Sports Forest	—	—	—	Age : [Men, Womne] 30+, 40+, 50+
	Artistic Swimming	Hyogo Prefecture	Amagasaki City	180	5/21 - 5/22	Amagasaki Sports Forest	Free Routine (Solo/Solo(para-sport)/Duet/Team)	Para-Sport	—	Age : [Men, Women, Mixed] 30+, 40+, 50+, 60+ ※Mixed category is for Duet and Team diciplines.
	Open Water	Osaka Prefecture	Sennan City	300	5/29	Tarui Southern Beach	1.0km · 3.0km · 5.0km	—	—	Age : [Men, Women] 30+, 35+, 40+, 45+, 50+, 55+, 60+
28 Table Tennis	Table Tennis	Hyogo Prefecture	Kobe City	1,800	5/15 - 5/17 5/19 - 5/21	Green Arena Kobe/ Kobe Central Gymnasium	Team match[Men, Women] Individual match [Singles] [Men, Women] [Doubles] [Men, Women, Mixed]	Para-Sport	- Age : [Men, Womne, Mixed] 30+, 40+, 50+, 60+, 65+, 70+, 75+, 80+ (The age of the youngest athlete registered as a team member determines in which age category the team will compete.) - Para : [Wheelchair] TT1~TT5, [Standing] TT6~TT10, [Intellectual Impaired Athletes]	
29 Taekwondo	Taekwondo	Hyogo Prefecture	Himeji City	570	5/19 - 5/23	WINK Budoukan	Poomsae/Kyopa/Kyorugi	—	- Grade : A[National (National representative level)] - Grade : B[Black belt (General level)] - Age : [Poomsae] [Men, Women] U40, U50, U60, O60 [Kyopa] [Men, Women] U40, U50, U60, O60 [Kyorugi] [Men, Women] U35, U40, U45, U50, U55, U60, O60 - Weight Category : [Men] : -58Kg, -68Kg, -80Kg, +80Kg [Women] : -49Kg, -57Kg, -67Kg, +67Kg	
30 Tennis	Tennis	Hyogo Prefecture	Miki City/ Kasai City	Singles: 1,220 Doubles: 196 teams	5/16 - 5/26	Aono Sports Park Aono Tennis Club/Bourbon Beans Dome	Singles/Doubles	Para-Sport (Wheelchair)	Age : [Men, Women] 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+, 85+	
31 Tenpin Bowling	Tenpin Bowling	Tokushima Prefecture	Tokushima City/ Ishii Town	Singles: 1,220 Doubles: 196 teams Triples: 108 Teams	5/21 - 5/24	Suehiro Bowl/ Pop Joy Ishii	Singles/Doubles/Triples	Inclusive Event	Age : - [Singles] [Men, Women] 30+, 40+, 50+, 60+, 70+ - [Doubles] [Men, Women, Mixed] 30+, 40+, 50+, 60+, 70+ (The team age is determined by the age of the youngest athlete.) - [Triples] No Age categories	

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32 Triathlon	Triathlon	Tokushima Prefecture	Minami Town	1,350	5/22 - 5/23	Hiwasa Umigame Triathlon Course	Standard/Sprint/ Para-triathlon	Para-Sport	<ul style="list-style-type: none"> <li>Age : [Standard, Sprint]</li> <li>[Men] 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+</li> <li>[Women] 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+</li> <li>[Para-triathlon]</li> <li>[Men, Women] PTWC, PTS2, PTS3, PTS4, PTS5, PTV1</li> </ul>
	Aquathlon	Tokushima Prefecture	Minami Town	350	5/22	Hiwasa Umigame Triathlon Course	—	—	<ul style="list-style-type: none"> <li>Age :</li> <li>[Men] 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+</li> <li>[Women] 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+</li> </ul>
	Duathlon	Kyoto Prefecture	Nantan City	600	5/30	Nantan City Oigawa Park	Standard/Para-Duathlon	Para-Sport	<ul style="list-style-type: none"> <li>Age :</li> <li>[Men] 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+</li> <li>[Women] 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+</li> </ul>
33 Tug of War	Tug of War	Nara Prefecture	Katsuragi City	600	5/21 - 5/23	Koryo Central Gymnasium/ Kashiba General Gymnasium/ Katsuragi Civic Gymnasium	W-class/J-class/Mixed-class	Inclusive Event	30+
34 Volleyball	Indoor	Wakayama Prefecture	Wakayama City	208 Teams	5/15 - 5/18 5/20 - 5/23	Wakayama Big Whale/ Wakayama Big Wave/ Wakayama Prefectural Gymnasium/ Wakayama Municipal Kanan Gymnasium/ Wakayama Municipal Citizen Gymnasium	—	—	<ul style="list-style-type: none"> <li>5/15~5/18</li> <li>[Men, Women] 35+, 45+, 55+, 65+, 75+</li> <li>5/20~5/23</li> <li>[Men, Women] 30+, 40+, 50+, 60+, 70+</li> </ul>
	Beach Volleyball	Hyogo Prefecture	Minamiawaji City	Pair: 400 Four: 800	5/16 - 5/21	Keinomatsubara Beach Volley Court	Pairs/Fours	Para-Sport (Deaf)	Age : 30+, 40+, 50+, 60+, 70+
35 Weightlifting	Weightlifting	Tokushima Prefecture	Naruto City	480	5/17 - 5/25	Amino-Value Hall	—	—	<ul style="list-style-type: none"> <li>[Men]</li> <li>Age : 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+</li> <li>Weight Category : 55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, 109kg, +109kg</li> <li>[Women]</li> <li>Age : 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+</li> <li>Weight Category : 45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 81kg, 87kg, +87kg</li> </ul>