



*Last Updated on June 19, 2020: Check the latest Sports Information Guide for your registration.

Athletics (10Km Road Race)



- 1 **Organisers:** Organising Committee of the World Masters Games 2021 Kansai, Organising Committee of the World Masters Games 2021 Kansai • Shiga Local Organising Committee, Organising Committee of the World Masters Games 2021 Kansai • Hikone Local Organising Committee, Shiga Athletics Association
- 2 **Co-Organisers:** Japan Association of Athletics Federations, Japan Masters Athletics, Japan Para Athletics, Shiga Prefecture, Hikone City
- 3 **Competition Date:** May 23 (Sun), 2021 (Duration of the Competition: One Day)

Date	Time	Event
Sunday, 23 May	7:00 - 8:20	Registration Start
	8:20 - 8:30	Opening Ceremony
	8:50 - 10:45	Race Start
	10:00 - 11:00	Medal Ceremony

*Backup Day in the event of extreme weather: None

4 Venue

- (1) The Starting Line: Hikone View Hotel
(522-0002, Shiga, Hikone, Matsubara-cho Ajiroguchi, 1435-91)
- (2) Hikone 10km Road Course

5 Competition Capacity

1,500 participants

6 Rules and Method of Competition

(1) Competition Rules

The event will be conducted in accordance with the competition rules of the World Masters Athletics (WMA), or as otherwise specified in this document.

(2) Technical Delegate

Yukio Seki, Director, International Affairs, Japan Association of Athletics Federations

(3) Rules

- ① Each runner must run unassisted. Any form of external assistance is not permitted during the race.



- ②The event officials reserve the right to disqualify a runner if he/she is deemed unable to continue the race or interferes other runners in an unsportsmanlike manner (backward running, irregular running, etc.)
- ③All participants are required to commit themselves to maintaining good health (e.g. getting a health check-up). The organizers of the competition will not be held liable for any injuries or illnesses resulting from the race.
- ④Hiring someone to run as a proxy is strictly prohibited. If runners are caught cheating, they will be immediately disqualified from the race.
- ⑤The cut-off time at each checkpoint will be strictly enforced upon all runners. Runners who fail to pass through the checkpoint before the cut-off time or lag excessively behind the cut-off time pace may be stopped and ordered to leave the course at any time without any objection.
- ⑥Emergency vehicles may be on the course due to a disaster, crime or accident. Participants must follow instructions as given from all event officials
- ⑦The WMG 2021 KANSAI will not recognize the run as an official record.
- ⑧All runners must pass through the 6.5 km checkpoint within 65 minutes.

7 Events

(General Category)

Gender	Event	Grade	Age Categories
Men	—	—	30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+,85+, 90+, 95+, 100+
Women	—	—	30+,35+,40+,45+,50+,55+, 60+,65+, 70+, 75+,80+,85+, 90+,95+,100+

8 Eligibility

- (1)Participants will be asked to declare their personal record.
- (2)Participants with visual impairment must be accompanied by a guide runner(s)

9 Consideration for persons with impairments who participate in the general category competition.

In this event, consideration shall be taken for participants with impairments in the general category competition. The content of consideration according to the types of impairments is the following:

Persons with physical impairments

○ Consideration for water supply (persons with upper limb impairments)

In consideration of persons lacking one arm, water supply will be provided on

both left and right sides of the water supply point.

- **Making aware of the need for consideration by providing bibs, etc.**
Distribute bibs, etc. to make aware of the type of impairments.
- **Accompaniment of a person to help an athlete with impairments**
Take care to provide a helper to accompany an athlete with impairments to the competition area.

*Note that no wheelchairs are permitted in the 10K race.

Persons with visual impairments

- **Participation of accompanying runners**
When a person with visual impairment participates, consideration must be taken for the participation of the accompanying runner.
- **Making aware of the need for consideration by providing bibs, etc.**
Distribute bibs, etc. to make aware of the type of impairments.
- **Accompaniment of a person to help an athlete with impairments**
Take care to provide a helper to accompany an athlete with impairments to the competition area.

Persons with hearing impairments

- **Consideration for providing information on a bulletin board.**
The competition status shall be broadcast and displayed on the bulletin board.
- **Start signal with other means than voice**
Provide a start signal with light.
- **Distribution of emergency buzzer**
A buzzer to report poor physical condition or emergency situation.
- **Making aware of the need for consideration by providing bibs, etc.**
Distribute bibs, etc. to make aware of the type of impairments.
- **Accompaniment of a person to help an athlete with impairments**
Take care to provide a helper to accompany an athlete with impairments to the competition area.

Persons with intellectual impairments

- **Consideration to provide easy-to-understand explanations**
Provide easy-to-understand explanations of the competition rules.
- **Making aware of the need for consideration by providing bibs, etc.**
Distribute bibs, etc. to make aware of the type of impairments.
- **Accompaniment of a person to help an athlete with impairments**
Take care to provide a helper to accompany an athlete with impairments to the competition area.

Persons with mental impairments

- **Consideration to receive doctor's instructions and understand their medication schedule**
Receive doctor's instructions and understand their medication schedule for

their disease control.

- **Making aware of the need for consideration by providing bibs, etc.**
Distribute bibs, etc. to make aware of the type of impairments.
- **Accompaniment of a person to help an athlete with impairments**
Take care to provide a helper to accompany an athlete with impairments to the competition area.

10 Age Requirement

Minimum age is 30 (born on or before 21 May 1991)

11 Medal Ceremony

The top 3 runners by gender and category will be awarded with a medal.

In line with the sport-specific rules, an athlete must compete in their designated age group, with your age determined as at 21 May 2021. For example, if you are 39 during Games time but have turned 40 by 21 May 2021, you would compete in the 40-44 age category.

12 Registration Fee

(1) Competition participation fee (including tax and handling fee)

* Check [World Masters Games 2021 Kansai Participation Terms and Conditions](#) for detail.

- ① Competition participants (Basic fee: allowed to participate in 5 disciplines)
 - a) Overseas participants: 24,000 yen/person
(Including a transportation pass for mobility within the Kansai area.)
 - b) Domestic participants: 15,000 yen/person
(Does not include a transportation pass. Could be bought optionally at an additional cost.)
- ② Persons related to the competition (Basic fee)
 - a) Overseas participants: 14,000 yen/person
(Including a transportation pass for mobility within the Kansai area.)
 - b) Domestic participants: 5,000 yen/person
(Does not include a transportation pass. Could be bought optionally at an additional cost.)

*When a helper (a person who supports an athlete with impairment participating in a competition) participates in the competition for providing such support, he/she is required neither to apply for participation in the competition nor to pay a registration participation fee (provided, however, that the helper must apply for participation as a competition official when he/she requires a kit for participating in the competition, a transportation pass and others).

- (2) Additional charges (extra fee)
None
- (3) Rental fee for competition equipment, etc.
None (Competition equipment will not be rented.)

13 How to Apply for Participation

Application is made through the entry system on the official website (Entry System) dedicated to the application for the entry to the competition via PC or smartphone.

* Check [World Masters Games 2021 Kansai Participation Terms and Conditions](#) for detail.

14 Notes on Participation

- (1) About clothing
 - There are no special rules for uniforms and footwear.
 - Athlete's bibs and Transponders distributed at the time of competition entry must be worn so as to be visible during the race.

- (2) Insurance

The organiser will subscribe to accident insurance for participants, but this insurance is applicable only to "injuries incurred during the competition in the competition venues" of the "competition participants and persons related to the competition", and does not cover all kinds of risks during the competition. Therefore, all persons taking part in the competition are requested to subscribe to required insurance at own risk and costs.

* Check [World Masters Games 2021 Kansai Participation Terms and Conditions](#) for detail.

- (3) Doping Control

- ① The doping control in accordance with the [World Anti-Doping Code](#) and [the rules of the International Masters Games Association](#) shall apply to this competition.
- ② Anti-doping activities (doping inspections and anti-doping education activities) shall be conducted in accordance with [the rules of the International Masters Games Association](#).
- ③ Participants are deemed to have agreed to be subject to doping control procedures in accordance with [the rules of the International Masters Games Association](#) upon entry to the competition. Participants are advised to check [the rules of the International Masters Games Association](#) Rules for more details.
- ④ This competition aims to promote anti-doping activities as an activity to protect clean sports and clean athletes in order to leave various values of sports to the next generation through sports in cooperation with the Japan Anti-Doping Agency.

(4) Procedure for Bad Weather

The races will be held rain or shine, however, that they will be suspended in case of bad weather.

15 Application for Accommodation and Transportation

(1) Accommodation

Refer to the Accommodation Information Page on the [World Masters Games 2021 Kansai Official Website](#) for information on accommodation.

(2) Transportation

Refer to the Transportation Information Page on the [World Masters Game 2021 Kansai Official Website](#) for transportation information including access to the venue.

16 Others

All participants must complete the accreditation process and check-in at the competition venue before participating (competing or getting involved) in a competition.

(1) Games Accreditation

Accreditation services shall be provided at the Opening Village, each Prefectural Masters Village, Center Village, and the special service desks. The participant must bring a valid photo identification and complete accreditation process personally by one day before the competition. (No exception will not be allowed.) Furthermore, even when participating in team competitions or as a team, each participant must complete accreditation process.

Accreditation process can be completed at any of designated service desks; however, operation hours and dates differ depending on the location.

* Check [World Masters Games 2021 Kansai Participation Terms and Conditions](#) for detail.

(2) Sport Check-in

① Date and Time

Sunday, 23 May 2021, 7:00 - 8:20

② Venue

Hikone View Hotel

(522-0002, Shiga, Hikone, Matsubara-cho Ajiroguchi, 1435-91)

③ Remarks

Athlete's bibs and Transponders will be distributed.

(3) WMG2021 Kansai Exchange Event

Presentation of local products, etc., is under study.